

Lettuce Inn Canteen Term 4

This term we are giving parent volunteers a choice to do a Special Chef (SC) or Normal Canteen (C) menu. We need to know volunteers in advance for catering and the newsletter as it running fortnightly this term.

If there is no volunteer we have a Garden Harvest Spring Treats canteen menu which Karen can cope with on her own.

Please support your canteen and pop your name down for one of the weeks below and return it as soon as possible. Please circle whether you will be doing a SC or C

Week 2: 19/10 Danielle's Calzones (enclosed pizza pockets)

Herb & cheese \$4.00

Herb, cheese & Moroccan mince \$4.50

Volunteer Roster

Volunteers Needed for Special Chef(SC) or Normal Canteen Menu (C)

Week 2: 19/1	Danielle - SC - Calzones
Week 3: 26/10.....	SC or C
Week 4: 2/11.....	SC or C
Week 5: 9/11	SC or C
Week 6: 16/11 Upper Division away - no volunteer required	
Week 7: 22/11 'Wednesday Canteen.....	SC or C
Week 8: 30/11.....	SC or C
Week 9: 7/12	SC or C
Week 10: 14/12	SC or C

'Garden Harvest Spring Treats'

Available

Thursday's & Friday's

at recess & lunch

DRINKS \$1.50 (Thursday only)

Choc banana smoothies

SNACKS \$1.00

Banana bread

Davidson plum balls

Lemon myrtle tarts

FROZEN TREATS

Choc coated bananas \$2.00

'WHOLE' fruit ice blocks \$2.00

- Tropical coconut
- Rockmelon & coconut
- Rockmelon, banana & coconut

Fresh Australian juice ice blocks

- flavours will vary \$1.00

Bushtucker & citrus ice blocks \$1.00

Lemon Myrtle ice block

Orange Aniseed Myrtle ice block



NOTE:

remember to check newsletters for fortnightly 'special chef extra's' & pop your name down to volunteer please

(All snack, drinks and treats are based on school grown produce)