

# Tuesday Tabloid

NAME: \_\_\_\_\_

15.11.2022

## Bulahdelah Speech Night



And the Overall Winner is....



A great place to be,  
a great place to learn

## Upper Division Excursion

As you read this newsletter, Mr Baldwin and I will be having a great time with the Upper Division students touring The Blue Mountains and Bathurst. As you can imagine, being on duty 24 hours a day is exhausting, however, seeing the students having fun, learning, and getting along together is extremely rewarding. We often get to see a different side to the students than when at school. It is special to be part of happy memories they will have for many years.

## WE ARE PROUD OF OUR STATE SPELLING BEE FINALIST CHARLOTTE!

Last Friday Charlotte competed in the State finals of The Premier's Spelling Bee after successfully winning the regional finals last term. Charlotte was one of the top 30 students out of over 160000 entrants. It was an incredible achievement. The 60 students in the state final finished in the top 0.05% of all competition entrants, with this year's challenge attracting 167,000 students from more than 820 NSW public schools. To compete at the State final a student must have won their school spelling Bee, their zone and regional final. Junior division includes words such as embargo; cavalcade; notary; and scrupulous, while the senior division participants will wrangle words like besotted; expostulate; hereditary; and subservient. Now in its 19th year, the NSW Premier's Spelling Bee was introduced in 2004 as a fun way for primary school students to engage in spelling. The program includes activities to encourage all students to improve their vocabulary and spelling and to promote literacy skills in combination with the English K-6 Syllabus.



## P&C Meeting

Thank you to all the parents and grandparents who attended the P&C meeting on Wednesday. It was good to be able to share what is happening in the school, and hear the plans for future initiatives and fundraising to support our students.

## Public Speaking Success

Last Wednesday evening four of our students travelled to Bulahdelah to compete in the Bulahdelah Show Public Speaking Competition. Cruz, Charlotte, Amarlie and Bella were all outstanding against some very stiff competition from Bulahdelah, Tea Garden, Coolongolook and St Josephs schools. Comments were made on how they supported each other, how professional they looked in their formal uniform and how well they projected their voices. They could all be clearly heard. The great news is Charlotte won the Stage 2 division. But the better news is that she was also awarded the overall championship and inaugural Betty Bramble trophy for best speaker of the night. Well done Charlotte! She is certainly 'on a roll' at the moment!

## Library News

Our local area study is proving bigger than we imagined. Our first tour could only fit in the lighthouse, the littoral rainforest and the University of NSW Research Centre. There was just so much to see. On top of all that we had a lovely lunch at Reflections Caravan Park thanks to Kate and Dan Toney and the P&C.

Some interesting Information we learned included:

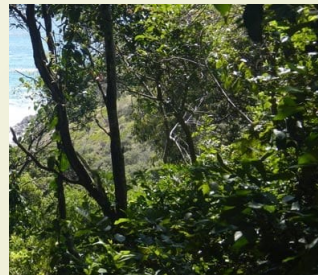
### Sugarloaf Point Lighthouse

- The light was switched on on December 1<sup>st</sup> 1875.
- The tower is 16m to the top of the lantern.
- It is 86m above sea level.
- Can be seen for 26 nautical miles (46 km) out to sea.
- It flashes every 7.5seconds and has 16 beams.
- A cell automatically turns it on when the light is a certain level.
- It was originally going to be placed out on Seal Rocks, but it was too rough.



### Littoral Rainforest at Seal Rocks

- Littoral, when referring to a rainforest, mean close to the sea.
- It is less than 2km from the sea.
- It is the shortest form of rainforest.
- It has a lot of diversity - lots of different plants, animals, insects, birds not found anywhere else.
- Has two types of canopy - closed and open. Different plants in each.
- We saw a water vine that the Aboriginal people would use if they needed fresh water.



### Australian Microbats - University of NSW Research Centre

- 12-15 different types of any bats found in our local area.
- 70-80 different types in Australia, 1200 different types in the world.
- They eat insects and fruit and are nocturnal.
- Use radar and echo location to move around because their eyesight is poor.
- Weigh about 4g (about the same as a 20c).
- They live under bark, in tree hollows and caves.
- Have scent glands which males use to attract females.
- Researchers trap, tag, weigh and release bats within 24 hours.
- Bat traps have fishing line which bats fly into, then fall into a tarp.



On Friday we will be visit Tram Line Beach, Nerani and Bungwahl Hall to find out all we can about Bungwahl early industries (timber and fishing)

**Good for kids**  
good for life



## Festive everyday snacks

We all love to share food to celebrate, even at school. You can avoid the sugar high and over indulgence on sometimes foods by adding more everyday foods to your festive spread.

There are lots of bright, colourful and healthy options for your festive snacks including:

- Homemade mini pizzas made with English muffins or wraps
- Frozen fresh juice or yoghurt ice blocks or cups
- Fruit platters or kebabs with dipping yoghurt
- Cheese, veggie sticks, rice crackers and dips
- Water with fresh frozen berries or lemon
- Mini savoury pinwheels or wraps
- Fruit or veg scones and muffins
- Triangle sandwiches
- Pikelets
- Popcorn



HNELHD-GoodForKids@health.nsw.gov.au  
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



We have had a report of head lice in the school. Please check your child and treat as necessary.

## Dates to Remember

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|----------|--|
| 14.11.22 | UD students Major Excursion –Bathurst    |
| 16.11.22 | UD students return                       |
| 23.11.22 | Small Group Transition - 9.30am to 11am  |
| 29.11.22 | Yr 6-7 Orientation Day                   |
| 08.12.22 | Presentation day and Yr6 Farewell Dinner |