

Good for kids
good for life



Tips for Fussy Eaters: Involve your Child

- Talk to your child – what do they like? Discuss healthier options
- Involve your child in planning and preparing their lunch
- Try new foods at home before adding them to the lunchbox
- Role model how to enjoy everyday foods
- Remember, it can take a few tries to like a new food



Visit the Good for Kids website for more tips for fussy eaters.

Source: Tips For Fussy Eaters | Good for Kids, Good for Life (nsw.gov.au)
<https://www.goodforkids.nsw.gov.au/primary-schools/swap-it/tips/tips-for-fussy-eaters/>



Developed by Hunter New England LHD

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Dates to Remember

16.06.22
21.06.22
23.06.22

Athletics Carnival
Future Focus Transition Day Stage 3
Backup Athletics Carnival date

Tuesday Tabloid

NAME: _____

31.05.22

The Green Machine Soccer Knockout Competition



A great place to be,
a great place to learn

Principal's Message

SOCCKER STARS

The mighty GREEN MACHINE alias "Baldwin's Blue Bottles" played an epic game of soccer against the Majestic Mount George yesterday in Taree. All players exhibited great soccer skills, enthusiasm and attitude throughout the game. The time flew and we were all disappointed when the game was over, as everyone was having so much fun doing their best on the field. Although the final score saw Mount George come out winners, it was a very close game with both teams having lots of control over the ball and many near misses of shots for the goal. Congratulations to Mount George for their win and for being such good sports. Considering both teams have not been able to train due to waterlogged fields, it was a credit to all the students on how well they kept in their positions, passed and controlled the ball. Everyone can't wait to go to the gala day in a few weeks. Thank you to Mr Baldwin, parent and grandparent volunteers for supporting the students on their soccer debut for 2022.

CROSS COUNTRY

Congratulations to Jeremy, Fletcher, Grace and Reuben for representing Bungwahl at the District Cross Country in Taree on Friday. All students ran well and placed in the first half of the field of around 100 competitors. Jeremy ran 8th which was his personal best. A top effort by all!



BOAT SAFETY

On Friday 6th May the students enjoyed an informative talk, and some fun relays practising putting life jackets on, about BOAT SAFETY. Peter and Josh from led the afternoon. There was lots of good safety tips shared and the students were very engaged with the practical demonstrations and discussions. Thank you to Peter and Josh for visiting our school.



FUTURE FOCUSED DAY

Stage 3 students went to Bulahdelah Central School last Thursday to participate in a fun day of learning activities involving science.



ELECTION DAY BBQ

Thank you to Jarred for organising the Bungwahl Democracy BBQ and thank you also to his band of adult

and student volunteer helpers. Everyone who bought a sausage, or home-made kitchen garden cordial, were very impressed by the taste and service. Some even saying it was the best they had ever eaten. Nikki's range of delicious sauces were a definite favourite! The rain did not dampen the success of the day. The profit, along with other P&C fundraising efforts, is going towards our students to fund T shirts and dancing lessons for our musical and to subsidise buses for our excursions.



RECONCILIATION WEEK

Don't miss our reconciliation week movie **KANYINI** this Wednesday night at 7pm. Supper will be provided. Please RSVP to the office if you are coming.

Library News Term 2 Week 6

With the start of Reconciliation Week and Sorry Day last Thursday Early Stage 1, Stage 1 and Stage 2 watched a video outlining the significance of 26th May to Australian history and to our healing process. (Stage 3 students were away for a technology day at Bulahdelah Central School). We then read two texts as part of library, both related to the explanation of the Stolen Generation – *Sorry Day* by Coral Vass and *Stolen Girl* by Trina Saffioti. It was most pleasing to note how much knowledge the students already had of this part of our history. I know our future is in great hands!

Why didn't the skeleton return his overdue library book?

Because he was gutless.

