

# Tuesday Tabloid

NAME: \_\_\_\_\_

08.08.2023

2023 Newsletter T3 Wk 4

## Deadly Ed



## Principal's Message

It has been an eventful beginning to Term 3 for students at B.P.S Over the last fortnight we have introduced two exciting new learning programs at our school including Grow Your Mind and Deadly Ed. The Grow Your Mind wellbeing program focuses on teaching students about their brains and promotes healthy wellbeing and mental health. At our school, this program will be taught across K-6 with students engaging in explicit weekly lessons, 5 minute mindfulness activities and a skill focus across the school each week. I encourage parents and careers to generate discussion with their children about this wonderful program.

In Week 3, students in both classes were lucky enough to engage in Aboriginal education lessons, focusing on art delivered by the educational group 'Deadly Ed'. This program will be run every Thursday over the next four weeks for our students. I would like to take the time to thank Dan and Katie Toney and the Seal Rocks Reflections Park for donating the cost of this program to the school, to allow our students to develop and grow their understanding of Aboriginal culture, in an engaging way. We really appreciate it!

Last week we also celebrated Education Week across the Great Lakes Learning Community. This was a special year, celebrating 175 years of public education. Our school will celebrate this special event in Week 7 where we will combine Education Week celebrations with our annual Book Week, more information to come.

I would like to thank the parents from Lower Division who attended parent meetings with Mrs Tuft last week. This is a valuable meeting whereby parents are given the opportunity to discuss their child's learning with the classroom teacher. If you were unable to attend and would still like a meeting, please contact the school.

Mrs Williams

Relieving Principal

## Deadly Ed

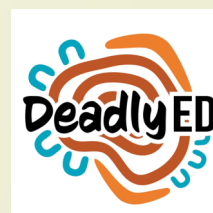
On Thursday, we were lucky to have a visit from Will and Brittany from **Deadly Ed**. Deadly Ed stands for **Deadly** - great, cool, unreal, awesome! + **Education**. Thursday was the first of a series of workshops they will be delivering to our school over 4 weeks.

Will and Brittany are both proud Worimi people and it was extra special to have Will give a Welcome to Country in Gathang at our Thursday assembly.

Students were guided by artist Brittany, to create Aboriginal symbols on rocks, as Will explained their meanings and how to respect places that these might be found. Traditional tools were also presented and passed around for students to inspect. Students also created their own story using traditional symbols on canvas. It was lovely to see students so engaged and respectful, and taking pride in their artworks.

A huge thank you to the Toney family for donating this fantastic experience for our students!

Mrs MacArthur



## Grow Your Mind skill for Week 4: *Generosity*

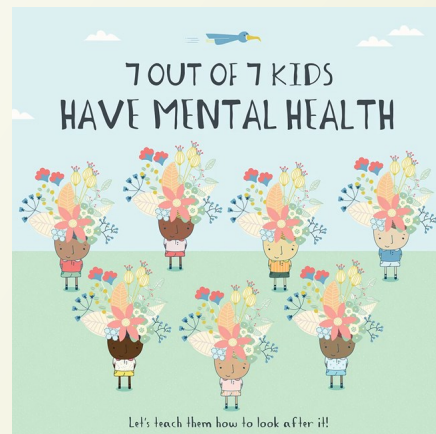
What is it?

Generosity means we are able to put others before ourselves. We give and share freely because we want to not because we expect anything in return. It means we are kind with our words and actions. If we are growing generosity, we start to be aware that there is plenty for everyone. When we are generous we give for the joy of it.

## Grow Your Mind skill for Week 5: *Justice*

What is it?

It is trying to be fair which may mean that things aren't always even! Justice means you have a concern and respect for all people. It is seeing with your own eyes and not judging something or someone by what other people tell you. If you are growing justice, you might practice it by standing up for your rights and the rights of other people.



### Academic Assembly

Congratulations to the following students who were recognised at the Great Lakes Learning Community Academic Assembly last week: *Chillie Bailey-Benson, Gypsy Schaad, Charlotte Kessels and Jeremy Leahy*. These students were recognised for their high academic achievements, across all areas. A big thank you to Tina Watts-Seale who represented our P&C at this formal event.

### Assembly Awards

This term we will be introducing a tiered award system at our school. In replace of 'Achievement awards' students will now work towards receiving the following awards, across the year. As we are implementing this change, halfway through this year student awards will roll over into the end of 2024.

1 x Bronze Award



1x Silver Award



1x Gold Award



## Premier's Spelling Bee

Yesterday Charlotte and Lily represented our school in the Premier's Spelling Bee competition. Both students competed in the Regional finals to the best of their ability, and represented our school with pride. Stage 2 students supported and watched the live sessions to support Lily and the Stage 3 students cheered on for Charlotte. Lily made it to round 5 of the competition before getting eliminated and Charlotte made it to round 2. Congratulations girls!



## Zone Athletics

On Friday, nine students (Jeremy, Fletcher, Nate, Joaquin, Donnie, Dain, Will, Gypsy and Chillie) represented Bungwahl PS at the Manning Zone PSSA athletics carnival.

It is a daunting task to compete against the best athletes from every primary school from Moorland in the north to past Gloucester and Wingham in the west, and Bungwahl is the most southern school.

All our athletes competed to the best of their ability and for their efforts on the track and field and their support for each other they deserve to be wholeheartedly praised.

Our most successful athlete was Chillie who came second in the nine years girl 100m and has qualified for the Hunter regional carnival. Congratulations Chillie, this is an outstanding achievement!

Mr Kelly

## Soccer Knockout Competition

Our Soccer superstars will play their next round of the Soccer Knockout Competition on Friday 18th August (Week 5). Our school will play Willowtree Public School at the Lochinvar Sporting Complex at 11am. This event was chosen as it is roughly half way for both schools to travel. A message was sent to parents regarding transport to this event and the majority preferred to transport their own child, instead of a bus. If your child is in the soccer team, a permission note for this event will be emailed out today. Permission is due back by 15th August 2023.

## Major Excursions

The Lower Division excursion will be to Oakvale farm on Tuesday 24th October. Please keep an eye out via email/School Bytes for the permission note for your child to attend. Cost is \$35.00 per student. The P & C have kindly donated towards this excursion. Permission due back by Friday 22nd September.



Please ensure deposit payment is made for the Upper Division excursion by Friday 18th August. Statement of accounts have been going out. Please contact the school if you haven't been receiving them. Another one will be sent home today.

## Life Ed

The Life Ed van will be visiting on Tuesday 22nd August. Cost \$12.00 per student. Permission notes will be emailed out today. Permission and payment are due back by Friday 18th August.

## Intensive Swimming Program

Our annual Intensive Swimming program will be held in Term 4 week 1. Monday 9th October to Friday 13th October. Permission notes will sent out today. Permission due back by Friday 5th September. For new parents this is a week of intensive swimming held at Great lakes Aquatic centre. Cost is \$ 22.50 per student. Free if you are a member of the aquatic centre. The P & C have kindly donated the cost for the bus hire .

## Housekeeping

It is really important that the school is kept up to date with contact numbers, email address and any other changes that might happen. School Bytes is now fully functional. You can give consent to excursions, reply to absences and pay accounts. If you haven't already access the parental portal, please do.

## P&C News

Our Bungwahl P&C Committee has been busy this year so far!

### To raise funds for our school:

- We ran the athletics carnival canteen;
  - We will be printing greeting cards and postcards with our students' artwork on them to sell at local events;
  - We have started work on a kitchen companion book which will contain recipes and handy home hints and tips from our students and their families, which we will sell at local events;
  - We will run the mango fundraiser again later this year;
- And we have received a generous \$500 donation from the Palms Bowling Club to put towards some updates to our Kitchen Garden.

### Donations to the school:

- We ran the colour run earlier this year;
  - We donated \$800 to the school to contribute towards the choir Eisteddfod bus;
  - We donated \$100 to the school for the aquaponics supplies;
  - We will be donating \$2000 for the bus for the Upper Division excursion, as well as \$100 per student attending, in order to make the excursion more affordable for our families;
  - We will be donating \$1500 towards the bus for swimming lessons in Term 4;
  - We will be donating \$726 to the Lower Division excursion (details to come), in order to make the excursion more affordable for our families;
- And we are purchasing a 'reflection bench' for the school.

### Meetings:

Our next meeting is 2:30pm on 16<sup>th</sup> August (week 5 of Term 3).

Please come along to learn about what is happening in our school and to get involved.

We're always open to suggestions for fundraising ideas, and ideas of what we can put money towards within our school to support our students.

## FUNDRAISER POSTCARDS!

Our students have been working hard to each create an artwork showing what they love about our area, and the school's P&C will be scanning these and having them printed onto postcards which we can sell to raise funds for our school.

Each student's name and year will be printed on the back of their postcard (eg. "Artwork by Sarah, year 2")\*.

These will be ready for sale later this term. If you know of a local business who may be happy to sell them on our behalf, please let Tina know.

\*If you do not wish for your child's name to be printed on the back of their postcards, please let the school know.

## What's Happening

15.08.23 Soccer permission due

18.08.23 Soccer Knockout—Lochinvar sport complex

Deposit due for UD Canberra Excursion.

Life Ed permission and payment due

22.08.23 Life Ed Van

30.08.23 Book Fair/Book week/ Education week Celebrations

15.09.23 Intensive swimming permission and payment due

22.09.23 LD Oakvale wildlife permission due

Last day of term

## Leadership Day

On the 2/8/23 Nate and I got at School at 7:45 and then Jez's dad came and picked us up and we all went to Tuncurry Public School.

When we got there, we met the Palms teacher Miss Franks and saw lots of kids. We got to play in the playground. When it was time to go into the hall, we played lots of games and we met lots of new people. Then we had to choose our BFFT (best friend for today) and my BFFT was Matthew. We did lots of activities with our BFFT. Then we played this game called Everybody's It. I was so close to winning when the bell rang for recess.

There were heaps of cookies and my favourite milk arrowroots and there was lots of fruit. At recess we played soccer and handball.

Then we were on to the second section and the guy talked about public speaking and that your posture must be good and your volume. He also taught us to not be shy when public speaking.

Then it was lunchtime, and I was in the line for so long waiting to get a sausage sizzle. Then Nate and I met some teenagers, and they were so funny. After lunch, it was the third session, and we played this game where you and your team couldn't talk and had to try to figure out what each other's shoe size was and your date of birth. Then it was home time and all three of us were picked up by Nate's mum and that was our day at Tuncurry Public School.

By Fletcher

## Leadership Day

On Tuesday Fletcher, Jez and I went to Tuncurry Public School for a leadership day. We went to our school and got picked up by Jeremy's Dad and then we were on the way to Tuncurry Public School. As soon as we got there, we met a Pacific Palms school teacher. Her name was Mrs Franks. We waited for the other kids to get there.

As soon as everybody arrived, we started playing with them. We played handball for a little bit and then we were told to get into the hall. That's when we met the other schools and the two operators Matt and Fred. They were really nice. We had a space called listening space and we sat down in the listening space. Then we played a game called Everybody's It. Fletcher was one of the last people in. He did really well. Then we were told to get with a different person called our BFFT. That stands for best friend for today. My one was called Rarni. She was really nice. Then we played Charades. They put up a few objects or things etc. I went first. She got them all pretty quick. Then I had to go sit down on the floor in front of her and she had to act out some different objects. I wasn't that good. Then it was recess time.

After that, it was lunch and we had a sausage sizzle. Fletcher and I met some other big kids, and they were really funny. Then we went back into the hall. After that we had to get in our lines. We did this thing where we had to organize our lines in shoe size and then house numbers. Mine is twenty-seven so I was in the middle of the line. And then we sat back down in our listening space to speak about public speaking again.

When it was home time Jez and Fletch and I went home in my car. We met back at our school and we all went home. It was really fun. I hope we can do it again!

By Nate

## AWARDS' EVENT for 2023 Tell Me a Story Competitions

### Student

Cruz Pearson  
Delilah Cornish  
Donovan Cornish-Walsh  
Evelia Hooper  
Fletcher Toney  
Grace Toney  
Gypsy Schaad  
Jeremy Leahy  
Joaquin Copland  
Jonie Godbolt  
Josephine Hooper  
Lily Avarð  
Marla Riske  
Maya Gregson  
Nate Adams  
Xavier Brougham-Delaney

School staff, students with their parent and friends are invited to attend 2023 Tell Me a Story Awards' Event, at Tuncurry Memorial Hall in Tuncurry, on Friday, 25<sup>th</sup> August, anytime between 3:30 PM and 5 PM.

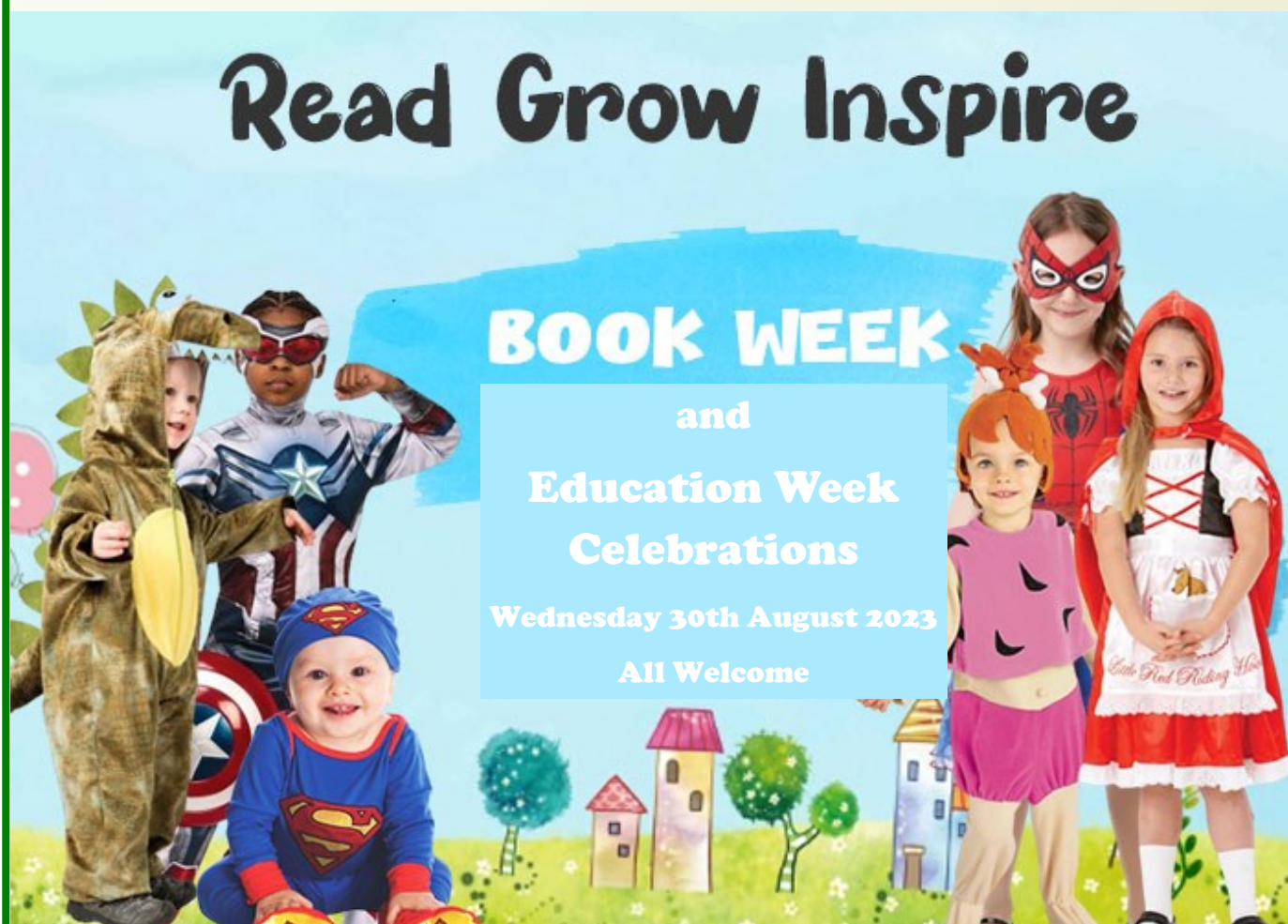
At the Event, there will be an EXHIBITION of top students' entries to the Tell Me a Story writing and illustration competitions. The general public is also invited to attend.

All students, who entered the writing or illustration competition, will receive a Certificate at the event. Students who received a Commended award, or higher will receive trophies.

### BOOKS

Competition books will be available for purchase at the Event, priority given to people who have pre-ordered them.

The cost is \$17 per copy. We can take payment on the day by cash, or by credit card.



We would love you to come along to Bungwahl PS for our Book Week/ Book Fair / Education Week Celebrations.

Open Classrooms 8.30 - 9.00am

Presentations In Shed 9.00 - 9.50am

Book Week Parade 9.50 - 10.30

Canteen and Book Fair purchases 10.30 - 11.00 am